

## Cleaning the NESS L300™

### **Cleaning your NESS L300™ – See NESS L300™ User's Guide:**

In order to simplify the use of the system in the clinic and to allow the same Functional Stimulation (FS) Cuff to be worn by more than one patient during their course of rehabilitation, two additional components for the FS Cuff are available: Personal Panel and Strap Cover.

Each patient in the clinic should have his own Personal Panel and Strap Cover. The Electrode Bases connect to the Personal Panel instead of the FS Cuff inner layer and their position is maintained on the Personal Panel between uses.

The **Electrode Bases** are re-usable. Once a patient is no longer using their Personal Panel, remove the Electrodes from the Electrode Bases and clean the Electrode Bases by running them under cool water to remove any hydrogel residue. Then disinfect the Electrode Bases with alcohol or a hard surface disinfectant. The electrodes are disposable but the electrode bases are NOT DISPOSABLE.

Surface clean the **elastomer edge of the L300 FS Cuff, strap handle, control unit, RF Stim and gait sensor** using a hard surface disinfectant that has been approved by your hospital infectious disease department. Chlorine bleach may discolor components such as the elastomer edge of the cuff, so if your hospital approved hard surface disinfectant contains chlorine bleach the components may discolor.

**The L300 FS Cuff is the only component that can be immersed in water for cleaning.**

#### ***When the FS Cuff needs a thorough cleaning:***

1. Remove the RF Stim Unit (see "*Removing and Installing the RF Stim Unit*" in *User's Guide Chapter 6 – Page 41*).
2. In the clinic remove the personal panel (electrodes/electrode bases) prior to washing. For home users, the electrode bases can be maintained on the cuff during cleaning but the electrodes must be removed.
3. Immerse the FS Cuff for 30 minutes into lukewarm water with a small amount of mild detergent.
4. Rinse thoroughly under running water.
5. Immerse the FS Cuff for an additional 15 minutes into clean lukewarm water.
6. Rinse again under running water.
7. Blot excessive moisture from the FS Cuff by gently pressing the surfaces with a towel. Do not wring the FS Cuff. Let dry in shade (do not hang). The FS Cuff should dry in 4 to 12 hours according to climate and humidity. To accelerate drying time place FS Cuff in front of a circulating cold air fan.
8. Reattach the RF Stim Unit once the FS Cuff is completely dry. Home users will need to reattach electrodes as well.

**Do not use a washing machine or dryer or any other heat source to dry.**